



THESCOOP

DOUGHERTY APARTMENTS NEWS



Again, this year, we have become finalists in the National Inside Ageing / Future of Ageing Awards. Actual winners in each category will be announced at an awards night early October in Sydney.

As I write in this edition, I am immensely proud of all who work here and of Dougherty Apartments to be recognized in this way from the contribution of everyone's efforts.

Below you will see the specific categories we have been selected in, with our very own Leni Suhadi having become a finalist as the Emerging Leader of the Year.

If you wish to see the full list of categories and finalists across all areas, view the link. **2026 - View here:** <https://insideageing.com.au/the-future-of-ageing-awards-2026-shortlist-has-been-released/>

Consumer Experience

- Resthaven: Port Elliot Pantomime
- Alino Living for Pathways to Purpose and HELP Projects
- Whiddon's Homestyle Kitchens
- St Vincent's Express with Olive Express
- **Dougherty Apartments**
- Banksia Villages

People & Culture

- Whiddon Migrant Nurses Program
- Montefiore Supporting Residents to Move Program
- **Dougherty Apartments**
- VMCH and MCWH Health Education
- Home Care Assistance (HCA)
- Feros Care for Feros Exchange

Emerging Leader

- **Leni Suhadi, Dougherty Apartments, Care Manager**
- Lindsey O'Grady, Senior Catering Operations Specialist, RiseUP Group Australia



CONGRATULATIONS to everyone on staff here at Dougherty Apartments who contribute to these areas of recognition.

My thanks and gratitude.

Kelvin Neave CEO

Hotel Services – Graeme O’Beirne

Fire and Emergency:

This is a reminder to all residents, including family, and visitors.

When the **Fire Alarm** is activated please **stay in your room**, or the nearest lounge room, IF IT IS SAFE TO DO SO. Even if the recording is saying to EVACUATE, EVACUATE.

Please wait for further instructions from the Duty personnel, or the AUTHORITIES.

Thank you.

SMOKING:

A friendly reminder to all residents, staff, contractors and visitors that Dougherty is a NO-SMOKING building. Please ensure smoking takes place outside the building only. Thank you for helping us keep the environment safe and comfortable for everyone.

Garbage Chute & Recycling Etiquette:

To keep our shared spaces clean and functional:

- Use **kitchen-tidy-sized rubbish bags** that fit easily into the chute.
- Rinse recyclable containers before placing them in the recycling bins. A little care goes a long way for everyone.

Independent Living Maintenance Inspection Program

- Retirement Village:

The Maintenance team have completed level 3 and level 4

Program to follow with Level 5 in September and Level 6 October.

Please contact reception if you will not be home, when you have your allocated time.



RACF Family and Visitors –

“Come dine with your loved one”

Dougherty extends an invitation to the family and friends of our RACF residents, to come and enjoy a meal with your family member in the Dining Room.

Bookings can be made with Lara at level 1 Reception.



National Aged Care
Appreciation Day on 7 August
was enjoyed by all the staff
with a special lunch and
certificate recognition from
Management.

BEHIND THE SCENES - RENOVATION UPDATE



Stage 3 - Refurbishment of the Ground floor reception area.

The refurbishment of the building has progressed very well. The office area is well on its way to completion with paint and carpet tiles in.

The Victor Street entrance will however remain closed until the external works are finished, estimated timeline, early December.

Stage 4 – Level 1 Outdoor areas.

The biggest part of the project is the rejuvenation of the level 1 outdoor area. This has now commenced with demolition done and scaffolding in place.

See photo of an ariel view of this area.

Following the waterproofing of the entire area, there will be a new decking system installed for easy access.

Kelvin, the Board and Graeme, would like to thank everyone as Dougherty progresses with our “zhuzhing” project.



ACCESS to Dougherty and Deliveries:

All residents, visitors, care workers and couriers are to continue to use the Orchard Rd entrance at the back of 1 Victor St. A new intercom is already in use. All large deliveries must go through the basement loading dock where possible.

Please note that when ordering food or a taxi, there is a 15min parking area at the Orchard Road entrance. Number 45 Orchard Road is the closest address, however you must state that it is for **Dougherty Apartments** as the Community Centre and the Little Lions Preschool are receiving a lot of couriers. Thank you for your cooperation.



**No
parking**

NO PARKING IN BASEMENT:

All car spaces in the basement are allocated.

The Willoughby Council Community Centre parking spots are NOT for use by Dougherty Apartment's - staff, visitors or residents, including on weekends.

Please be aware that the Centre Management will not hesitate to call the Ranger, should this continue, with fines issued to offending vehicles. We appreciate that the renovation and workmen on site have put pressure on parking in the immediate area and we thank you your patience.

FACES OF DOUGHERTY: Howard and Trish Harrison

Dougherty residents since 2010 and
The Australian Ballet patrons for 55 years.

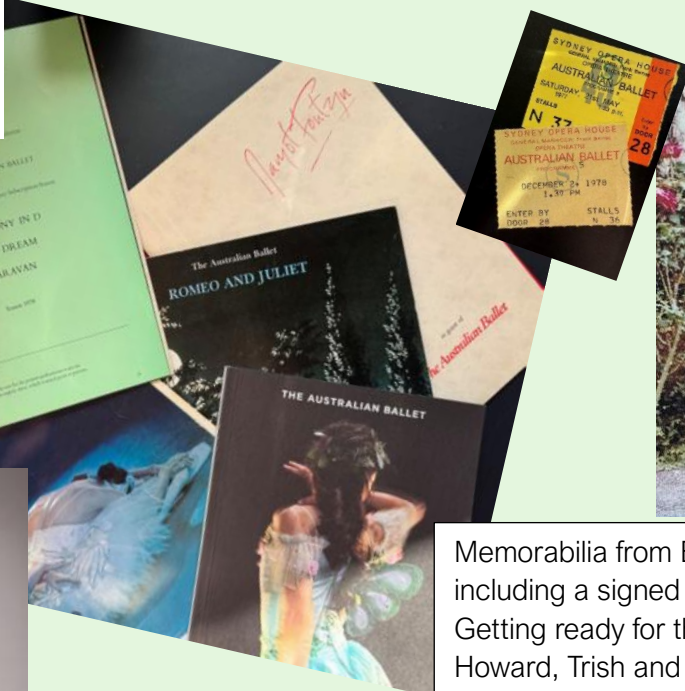


An enjoyable performance of the ballet 'Romeo and Juliet' by The Australian Ballet recently, has reminded us how much pleasure we have received over the past 55 years from our subscription to the Saturday matinee programs of this wonderful company.

We have been at every Saturday matinee performance of The Australian Ballet since 1970, with one exception when travel intervened. Watching and participating in the growth of the company is a source of pride and satisfaction. Our numbers have varied over time as we also took our kids and my mother – 5 of us.

We got to know dancers and management personally when I persuaded my employer, Toshiba, to sponsor them (a nice lunch on the front balcony with selected customers the reward). We 'own' row N seats 34-36 in the Opera House! This was the fourth time we have seen 'Romeo and Juliet' – first time 1983 and just as unforgettable.

It reminded me why I have kept up this tradition. The music, as delivered live by a first-class symphony orchestra, just a few rows away, with the grace and physicality of the dancers on stage that together bring the play alive. **HOWARD**



Memorabilia from Ballet visits over the years including a signed program by Margot Fonteyn; Getting ready for the Ballet in the early 1980's. Howard, Trish and daughter Kerrin.

Message from the Editor: Jett Ramsay pictured left, is my nephew. He joined the Australian Ballet in 2020 having trained with Extreme Dance Studios in Port Macquarie followed by the Australian Ballet School in Melbourne. Jett played 'Paris' (Juliet's suitor) in this year's production of Romeo and Juliet. **Janet.**

Living a brain-healthy lifestyle

Chatswood Community Centre is hosting a talk by Nutritionist Gayle Nelson about living a brain-healthy lifestyle.



The brain is one of the body's most adaptive and resilient organs. When cared for properly, it helps us to survive and thrive.

Where: Dougherty Community Centre
7 Victor st Chatswood

When: Friday, 25 September 2026 |
10:00 am- 12:00 noon

Morning tea provided: Advise any specific dietary needs during registration

Free. Registration is essential - ph 97777 7800
Or the desk at **Blend Café**



SALON NEWS

Hairdresser

Dougherty Residents now have the services of a new Hairdresser – Christina from CARE CUTS.

She is available every **Wednesday** in our Salon on Level 3 for Men and Women.

Appointments must be made with Reception or RACF staff, for levels 1 & 2.

Prices are available on request or see list on the notice board. All services are charged to Account, no cash.

CHATSWOOD StreetFair

Saturday
5 September

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StreetFair
Saturday 5 September



CornellLab Merlin

Find the Birds in Chatswood.

Load the MERLIN app on your phone for free and push the record button and learn which birds are around.

